



Waikato Outdoor Society: Woodside Naturist Park
50A Trentham Road, Tamahere, Hamilton RD4 3284

Editor’s Ramblings

Even though it is the middle of winter, one month gone already, here comes the summer!! It has been a little quieter at WOS so it is catch up time with the stories etc.

We have more tails of Willow and then a couple of personnel stories along with an update on Matariki weekend, plus are you coming to our winter Polar Plunge? We have it in July so that our normal “sun heated” pool has a chance to cool down and as expected “POLAR” ! it looks like a fun weekend don’t miss the 19th July. I must say some of you nearly missed the deadline for editorial stuff, like it to be in before the end of the month, so that the news can get out early in the month. Note no dates mentioned—then I can’t be accused of being late! Check out the Mini Rally survey Page 5

I love looking back at old Magazines and Newsletters and to see how things have changed over the years so “A Blast from the Past” is on page 6. While researching things to put in I noticed a clip from 1973 Naturist has a story about Waikato Outdoor Society Youth Group’s (newly formed) trip to Auckland’s two clubs. Where are these pioneers now and where are the youth groups for tomorrow to take over the reins. Tell us about what it was like in those days, when phones were attached to walls and family life was better and closer without all the commercialism of today. Oh I know you would have had to wait patiently at the mail box for your latest WOS newsletter to arrive to find out you missed the event!



Or maybe this



Upcoming Events

Next Committee meeting
Friday 18th July 7.15pm

July 19th Polar Plunge



BRRRRR!

Lovely Hot Soup!

The Latest News

As reported by our illustrious Secretary

Sorry you've missed Matariki Pizza! We've had a good bunch, around 25 enjoying some sunshine and lots of spa and sitting in front of the fire time!

Stargazing was cancelled Sat morning due to fog and Sun morning, though clear and frosty didn't work out either as Matariki not visible due to too much light.

This year the time Matariki clears the horizon is too close to the sun rising and sky too light.

To Come

Hopefully your recipes, jokes, and stories, especially those of you who have been travelling around the country and overseas.

Jot something down and we can share in your fun.

Send them all in to
wos.editors@gmail.com

Love to hear from you.

Treasurer's Corner

Larger expenses for May

Fire Extinguisher yearly test \$253-00

New Club Phone \$299-00

Pool Pump fix \$362-80

Paint for Toilets \$125-29

BBQ & Sun Shade \$3958-20

Power & Gas \$839-95

Committee Titbits June 2025

Children's play area has had a paint job and new swing seats, thank you Charles.



Swimming pool fence has had a new capping board replaced and painted to replace the old rotting one.

Ablution block is all finished and looking very swish.

Dedicated BBQ area is off the drawing board and in the process of sourcing materials.

Stories wanted

Why not tell us your story, what got you into naturism? why do you love WOS? Where have you been this year? Tell us about your travels, in NZ or aboard, we love to hear what people get up to?



Post it to us :-

WOS

50a Trentham Rd

RD4

Hamilton 3284.

Or email :

wos.editors@gmail.com

POLAR PLUNGE

●● FREEZIN FOR A REASON ●●



POLAR PLUNGE 2025

This year we want to mix it up slightly and up the ante for the polar plunge challenge.

Everyone who is brave enough to take the plunge will be asked to nominate the length of time they will stay in the pool. Prizes will be awarded to the best chilly dippers – details to be posted on event day.

Soups will be on offer that are free to those who took the plunge, and \$2 per person for all spectators.

A raffle will be sold on the day, prize will be on display.

Look forward to having everyone come along and cheer the brrrrrave souls.



Matariki 2025

Matariki is the traditional start of the Māori new year.

It is known by many other names around the world including Pleiades, Seven Sisters, Messier 45, M45, Krittika, Subaru, The Hairy Head of the White Tiger and Mul Mul to name but a few.

Matariki is a star cluster located in the constellation of Taurus and is one of the closest star clusters to the earth.

Thanks to Kelvin for bringing his telescope of WOS for this years Matariki event. We had high hopes of being able to see the star cluster, which was visible in the early morning on Matariki. However the weather did not cooperate with a foggy start and overcast skies making seeing this star cluster almost impossible.



That didn't stop the WOS Members from enjoying a day at the club as the weather improved during the day. Some of the ladies sat inside and did a little relaxation by making Zentangle artworks over a cup of tea and friendly chat. Others gathered outside as the weather improved to bask in the sun and read books, have a natter, or enjoy a dip in the hot tub. Mike G planted a Pohutukawa to hopefully grow into another shade tree in years to come while others worked inside to complete the jig saw that had been around for quite while.

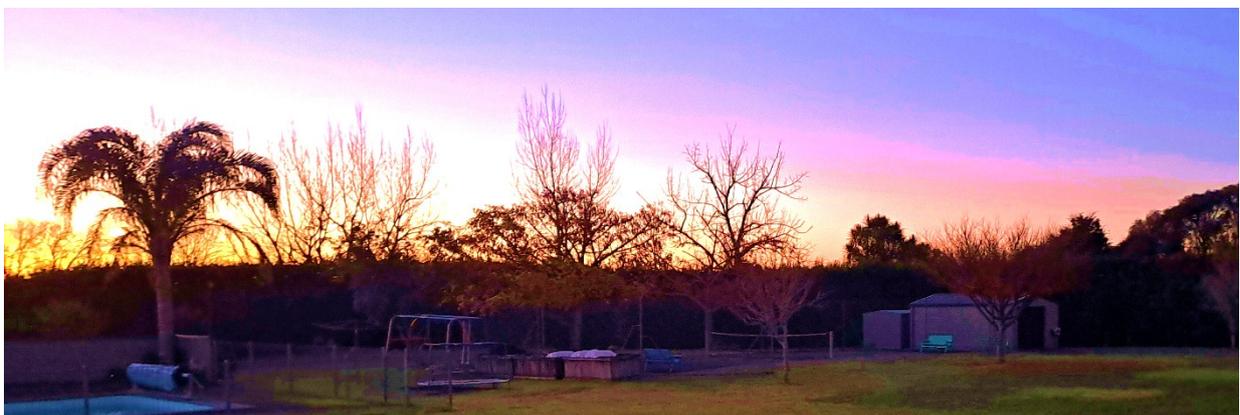
As the evening came on the hot tub was heated up a little more and the pizzas, and meals were ordered, after a slight snafu with the printed menu. Happy hour was fun with an impromptu Kiwi Quiz from Wendy L with everyone learning something new about our amazing country while enjoying a beverage or two.

Pizzas were from Pizza Club and Hell to cater for some specialist dietary requirements.

Mike G graciously did the Pizza collection and delivery.

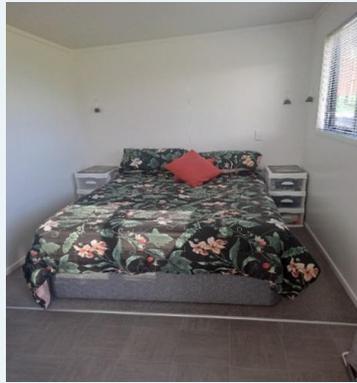
Thanks to everyone who contributed desserts, there was a nice selection to choose from with a few things left over for morning tea on Sunday. Everyone enjoyed the meal over convivial banter while waiting for the Chiefs game to start. And even though the final game result was not the one that was wanted, there is always the next year Chiefs!

Thanks to Di for taking the event photos including this one of the sunset over WOS on the shortest day .



Expressions of Interest

My cabin is available for purchase, available September
 Purchaser is required to be a member of WOS for over 12 months.
 Committee approval will also be required.



Size 4.8 x 2.4. Includes:

Table and two chairs, double bed and bed linen, double electric blanket, bedside drawers, under bed storage drawers, oil heater, microwave oven, small under bench fridge, storage cupboard, mirror, crockery and cutlery, kettle, toaster and toasted sandwich maker, 2 in 1 detachable hand held stick vacuum with charger, outside storage unit.

Please email me, Di on keela1pd@yahoo.co.nz if you are interested. \$25,000

Mini Rally Feed Back.

Thanks to Wendy we have had some great feed back for future Mini Rallies, Although the forms were only from 24 of the 74 attendees I am sure you will find it interesting and if you have any other ideas that we can take on or improve please contact the committee and we will see if those great ideas can be implemented. Below is a small summary of the results and some of these ideas we are going to go with.

It's your fun weekend and we do like your input.

What Games do you love?

What games would you like to see?

Important question:-

This year was a 4 day event, would you prefer 3 days or 4 days ?

Send your thoughts today to

wosoutdoor@gmail.com

ANYTHING TO MAKE MINI RALLY BETTER?

SHADE / SHELTER
 More for spectators
 More for those playing
 Some over the pool
 Mats on very hot deck

MORE VOLUNTEERS
 Get more people to step up and help with organisation / in the kitchen
 Roster for the shop

MORE EXPOSURE
 Internet / Social media
 To attract new younger participation
 Getting all members to attend

INFORMATION
 Consistent in one place
 Use speaker system more

FACILITIES
 Communal rubbish bin
 Bottle bin
 Stop paper plates
 Disabled access from deck
 Hooks on wall in shower/toilet

MUSIC
 Bit more music through the day
 Evening music - upbeat

RAFFLES
 Silent instead of quick fire
 Better Prizes

QUIZ
 Project onto the screen

KNOWLEDGE GAME
 Make it more inclusive to others outside the club

The above represents the more common ideas/themes across the responses - these have been grouped where appropriate

WHAT YOU WOULD LIKE TO SEE IN FUTURE

Review of raffles prizes and process

More shade

Project Quiz onto screen
 So you can see and hear

Event rules posted

Project Quiz onto screen
 So you can see and hear

Cold drink available away from kitchen

More members stepping up to help

Tennis table (maybe over pool table)

More fun games - gumboot throw, banana ring toss

Music
 Background music
 Vinyl night. Karaoke.
 Decade theme night
 Upbeat music

The above represents a collation of some of the more common responses across the survey - it does not include every response.



Excerpts taken from The New Zealand Naturalist
1967

A Blast from The Past

Reminder to all nudists:

They should not sit on cane-bottomed chairs unless they want a chequered background.

EXCUSE US

Three good reasons why everyone should smoke:

1. If you smoke sufficiently, you will smell so strongly that dogs will never bite you.
2. If you smoke consistently, you will activate your lungs so much that you are forced to cough. This usually happens when you are about to sleep, thereby discouraging potential thieves from stealing your belongings.
3. If you chain smoke, you will die young; a good way of avoiding the infirmities of old age.



SUNSHINE

by DOUG. SKENE

THE sun is the greatest source of energy in the world. Because of its influence upon the earth, plant, animal and human life are made possible. The sun warms the air and the earth. It is the cause of currents of air, clouds and rain.

Sunshine is a marvellous health-giving healing power in the world.

While sunshine is death to disease producing agencies, it is life and health to all natural forms of life.

The energy of the sun is manifested in plant life and is marvellous. It is the genial rays of the sun that call forth the sleeping grass and plants and seeds in springtime—a veritable resurrection of life. It is the sun that calls forth the sown wheat and oats and all other cereals, cracking the crust of the earth and lifting their tiny blades into the air. Yes, the sun does all almost without our notice.

Without sunlight, plants are sickly in colour; without sunlight man, too, is sickly, anaemic. For as in plants, the blood lacks colouring matter, haemoglobin, which the sun gives freely.

Sunlight is a powerful healer: skin and malignant diseases are much less common among those who spend a large share of their time in the open air, exposed to the light.

If the entire body could be exposed to sunshine, as is the face, man would be far healthier and happier.

Light promotes health; darkness fosters disease. A complete sunbath should be taken every day, for sunlight calms the nerves, relaxes the blood vessels, restores the depleted vital energies. It drives away the blues, despondencies and is a wonderful health restorer.

It is Heaven's free gift to man and can be had for the taking. No human being need be deprived of this.

Sit in the sun, recline in the sun, recognize the sun as a friend, not an enemy. A promoter of health, a destroyer of disease.

A Place in the sun: our sun clubs throughout New Zealand. .

OFFICE WORRIES ARE LEFT BEHIND

Reflections from a Lifelong Naturalist

By Murray Nash

I've been a naturalist since 1975, and over the years I've collected a fair few stories, some fond, some funny, and all memorable. I thought I'd share another one here, as it might bring a smile to your face, and you may remember this club if you ever went there.

In the mid-80s, after returning from a posting in Australia, my family and I joined the Palmerston North Sun Club, now Manawatu Naturalist Club. As a keen Miniten player, I also became a member of the Whanganui Sun Club (now correctly spelled Whanganui), so that I could participate in their club championships for various sports, Miniten too of course.

The WSC was a small but welcoming club nestled on the banks of the Whanganui River.

Access was through a working farm, past a gate and down a short track to reach the clubhouse and facilities. We spent some great times there, but the proximity to a small creek meant the club was vulnerable to flooding, particularly due to slash from logging operations up-stream.

Although the clubhouse sat well above the waterline, it was flooded twice during our time there.

One of my favourite photos is from just after one such flood, showing the Miniten court submerged in mud. I'm the muddy figure in the picture, mock wrestling another club member in the slush while my wife looks on. No one was harmed, of course, just good-natured fun in typical naturalist style.

It wasn't uncommon to spot pheasants on the property, or even to go out shooting them. There were also wild pigs in the area.

Another treasured memory from my naturalist life, and one I'm happy to share.

Warm regards,

Murray



The Barbeque Page

Send in your stories from around the Barbie also how about some of your secret recipes for Shared Meals

Anyone cooking out there, where is your best story/recipe?

Send to wos.editors@gmail.com

Welcome to my travels by Charles

A trip into the inner heart land of the Kaimais.

The organisers said wait at the end of the tar seal and we would all travel the rough road together. Well, we waited, some arrived a little early, some on time, some already in the Club Uniform. 2pm came and then we set off down a long and winding metalled road leading us to "Paradise". After what seemed a very long trek, only 9kms as it happened, we arrived at a clearing in the forest to a lovely peaceful place with a magnificent old DOC lodge. We split up, some to the left and some to the right, the experienced would park where they always do, the rest of us find a spot to park or pitch a tent and then it is unpacking time. Cold food and drinks to the walk-in fridge just past the Barbeques, those that were staying in the bunk house dashed off to choose their spots for the next 10 days.



Te Rere I Oturu Falls



Ngatuhua Falls



Oi!
What are
you looking
at?
You naked
unfeathered
humans.
Disturbing
my sleep!

Totally off grid and
no cell phone coverage,
Bliss Peace
Tranquil

5pm came quickly and it was of course happy hour with lots of goodies supplied, sitting in the last of the day's sun chatting about anything and everything, getting to know your fellow campers who have arrived from around the country for their annual nature time. Later on, that night, after we cooked our meals, we played cards and sang songs played by "The Ukulele Player" well known in the circle of friends.

Next Day we arose to the sun trying it's hardest to shine over the hills, had breakfast and ventured down some of well-trodden and well sign posted tracks that frequent the area, There is the Nature Trail which climbs up above the Lodge with signs every so many metres describing the fauna around. You can get cell phone coverage up the top of the hill to call your loved ones or to see if indeed they are missing you. There are many and varied tracks to explore to different waterfalls, some an hour, some 8 hour treks, or just around the bush. Next day the "chefs" cooked our chickens or meat for us, another day they supplied Barbeque sausage for the "Teddy Bears Picnic" while we lounged around in the sun and played Kubb, we also could enjoy a game of Pétanque or Golf Croquet. During the days to follow we could help DOC by clearing some of the tracks ready for the summer visitors, we even cleared logs out of the river where there are jumping holes. There is an old and very operational power station which powers all the complex, fascinating system of turning water into electricity! So much to do and so little time 10 days just disappears so one must go next year and the next year.....!!

There were about 15 there this year and a third of those were WOS members why not join us next year, I am sure you will be welcome, for more details and to book please Contact :-

moreinfo@ngatuhuanaturally.org.nz

Watch the video below, do half the stuff, see all the waterfalls, you won't regret it.

[Ngatuhua Lodge 2024](#)

Members Tales (tails)

Hi Mr. Editor,

Willow has asked that I send you the following seeing as though I won't let her send emails from my phone. She'd be happy if this helps you with your WOS newsletter content:

Hi all,

It's me again your favourite pooch. Well, they're back. They were away for what seemed like forever. He, my Male Human (MH), took my Female Human (FH) away from home to some place called Bar Lee. I don't know why he'd take her to a bar for such a long time, he can have a few drinks at home, if FH and I let him.

Anyway, he whisked her away from me and I wasn't happy. I don't care that HE'D gone, but taking my FH was out of order. Don't get me wrong, I had my great mate and Other Male Human (OMH) Charles looking after me and he was brilliant - not like Young Male Human (YMH), who was as useless as MH, mainly cos YMH was never home.

Charles was great, he fed me, watered me, played with me and cared for me, but I still missed my FH. I missed MH too, (well, only a little bit), but you mustn't tell him I missed him - it'd go to his head!

I decided early on that I wasn't going to be naughty for Charles. I behaved well for Charles, and Charles and I are great buddies who got on like a house on fire, but he also knows that I'm a princess and he treated me like one.

Thank you, Charles, for looking after me so well.

Anyway, FH and MH came back yesterday. They had presents and gifts for everyone - except me!!! What's that all about. Did they forget about me? Shame on them if they did! It seems like they had a good time while they were away without me. I hope next time they go away they take me too. They sometimes go in the motorhome - and I love it when I go with them.

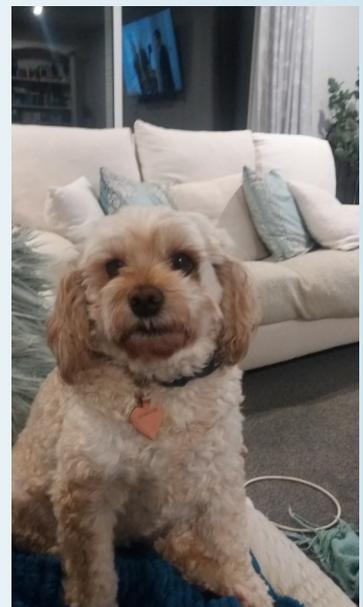
Since they got back from Bar Lee I've had loads of cuddles and tummy rubs. Perhaps they are feeling guilty for having a good time in Bar Lee without me. I'm going to lap up as many cuddles and tummy rubs as I can get. I might pretend to be sad still and get more sympathy. More sympathy means more tummy rubs. I'll miss seeing my OMH, Charles, but hopefully it won't be long until I see him again. In the meantime, I'll put up with MH because even though he is a right muppet, he loves me. He and FH do look after me well - I've taught them well and have them around my little paw.

Anyway, you crazy nudies, time for me to sign off as this princess wants a tummy rub. Take care and talk soon. Love you all.



Lots of love, Willow, Waggy to my friends

x





Really Important Stuff



Please Please drive **slower** on the drive into WOS as anything over a slow walk creates Pot holes and “Somebody” has to level and fill them, so that we can all have a smooth drive into our favourite place!

Thanks goes out to Tom R and Shelley for their recent raking work to help iron out the ridges and holes.

While we are on important stuff.

A friendly reminder

We should all be more aware as to what we do with our chairs on the deck after we have used them. Put them back on the stack! Keep them away from the walk ways also shoes and towels, keep them away from the walkways, as all these objects can be a hazard to our blind, visual impaired, physically impaired and other members.



Check out our website at WWW.waikato.gonatural.co.nz

Email: Waikato.outdoor@gonatural.co.nz

Waikato Outdoor Society: Woodside Naturist Park,

50A Trentham Road, Tamahere, RD4 3284

Phone 027 631 6883 Hamilton

Facebook: Waikato Outdoor Society

President:	President: Kevin, 0274 979 550 (president3.wos@gmail.com)
Vice President:	Peggy, (vicepresident.wos@gmail.com)
Treasurer:	Sherida (treasurer.wos@gmail.com),
Secretary:	Robyn (wosoutdoor@gmail.com)
Committee:	David, Susanne, Charles, Greg, Yvonne, Mike G
Custodians:	Bruce, Frank and Susanne.
Editors:	Charles (wos.editors@gmail.com)

Bookings and Facebook

Bookings:

Our facilities offer tent sites, power sites, wood fired hot tub and clubrooms with all facilities, solar heated pool, cabin and BBQ.

To make bookings, please phone Peggy on 0276316883 or email Waikato.outdoor@gonatural.co.nz

Members, as well as all visitors to WOS grounds are required to fill out and sign the visitor's book situated in the clubrooms beside the registration desk.

No pets allowed.

First Aid: FYI – We have a defibrillator on the wall and first aid kit on top of the fridge on the left as you walk into the clubrooms from the deck.

Blood Pressure Monitor: We also have a blood pressure monitor available for all members and visitors. Please ask a Custodian to access it if required.

Private WOS Facebook Page

All current WOS Members are invited to join this totally private group for discussions and feed back .

No obligation just use it to communicate with other members in a safe place.

Link -

[Waikato Outdoor Society Private Members Group | Facebook](#)



RULE REMINDERS

Recycling-

You bring it
you take it
away!

When using the bathroom please
remember to wipe down the hand-
basin and bench, also squeegee the
floor in the shower room after use.



You are welcome to use the Hot Tub but Please

1. Keep the fire box and the enclosure gate closed at all times
2. READ the instructions on the wall adjacent to the Hot Tub regarding turning on the pumps. **FIRE in box PUMP on!**
3. Do not put the covers on the shed roof.
4. Text the word "pic" to 021 265 0324 to find out how hot the tub is.

Old postal address was

PO Box 619

Waikato Mail Centre

Hamilton 3240



New Postal address is

50a Trentham Road

RD4

Hamilton 3284.

